



Massachusetts SBIRT News



Prevent • Treat • Recover • For Life

www.mass.gov/dph/bsas
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Screening, Brief Intervention, Referral and Treatment (SBIRT)

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MASSACHUSETTS LAUNCHES CAMPAIGN TO ADDRESS OPIOID CRISIS

Massachusetts has launched a **Stop Addiction in its Tracks** Campaign as part of a broader statewide strategy to respond to the state's opioid overdose crisis.

The campaign's initial focus is on parents and families. A new website provides information about the opioid addiction crisis and provides parents with suggestions for talking with their children, links and resources for getting help and information on Narcan.

The campaign, which is also on **Facebook**, will also be visible on TV and online ads.



Go to the Helpline for information on resources for getting help at:

<http://helpline-online.com>

or

call 800-327-5050

More Resources for Families

According to a July, 2014 **Gallup** poll more than one-third of Americans answered 'yes' when asked: "Has drinking even been a cause of trouble in your family?" And many Massachusetts families are coping with problems caused by opioids and other drugs.

While it is critical that people with substance use problems have access to appropriate treatment, it is also very important that families and friends who care about that person get support. They can become allies in treatment and recovery.

Though addiction is a chronic disease, families are often uncomfortable telling other relatives, friends or neighbors about the struggle they are facing. Families often feel isolated, and alone in their efforts to keep their members safe, get help or find a level of stability.

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Doc 2 Doc
Dial-in
Discussion Series:
Addressing Substance Use Disorders in Primary Care

REGISTER NOW

A free CME training program for primary care clinicians

Friday, September 18 7:30 - 8 am

Best Practices in Medication-Assisted Treatment (MAT) for Substance Use Addiction

Alexander Walley, MD, MSc

For registration information go to <https://www.masspartnership.com/pcc/EventsAndTrainings.aspx>

Participants who want Category 1 CME Credits will be required to join GoToWebinar live.

Participants who call in using a phone without obtaining the PIN (provided after joining GoToWebinar) will be in listen-only mode.

The series will be recorded and posted on MBHP's website to allow participants to listen to previous sessions.

Category II CME Credits are available to participants

Jointly Sponsored By:

and the
University of Massachusetts Medical School
Office of Continuing Medical Education

A Prevention Resource for Parents

Teen Safe is a web resource for parents and families that provides stories and a course, using short videos, that provides information on how the use of alcohol and drugs can impact adolescent brain development.



The site, developed by the Center for Adolescent Substance Abuse Research (CeASAR) at Boston Children's Hospital, also provides tips on talking with teens about substance use.

When A Loved One Has an Addiction

Learn to Cope is a support organization that offers education, resources, peer support and hope for parents and family members coping with a loved one addicted to opioids or other drugs.



Meetings are held weekly at 7 pm in 18 communities across Massachusetts.

Each chapter meeting is run by experienced facilitators.

Web resources are also available. Learn to Cope is supported by the Bureau of Substance Abuse Services.

Allies in Recovery provides online support, along with skills training, for loved ones of those with substance use disorders.

With support from the Bureau of Substance Abuse Services, Massachusetts residents now have unlimited membership in this [online resource](#); their zip codes are the promotional codes allowing full access to the site.



The online resources and supports can help those concerned about adults or adolescents.

This site provides resources to:

- Gain communication skills;
- Reduce substance use;
- Get loved ones into treatment;
- Reduce anger, pain and worry and
- Improve one's well being.



Resource

Free Online SBIRT training

Screening, Brief Intervention, and Referral to Treatment (SBIRT) Training: 4-hour Self-Paced, Online Course



Substance use contributes to over 70 conditions that require medical care. Screening can be used in primary care settings and enables healthcare professionals to systematically identify and help people whose drinking or drug use may cause or complicate medical and mental health functioning.

This 4-hour training is relevant for both primary care and behavioral health providers. It provides a brief overview of the substance use prevalence, criteria for risky use, and the effects of substance use on health and mental health functioning.

Two approved screening tools (AUDIT and AUDIT-C) are reviewed; providers learn how to conduct a three-step Brief Intervention focused on motivating people toward positive behavioral change.

For individuals identified to be at high risk for an alcohol use disorder, providers learn how to motivate patients to accept a referral to specialty substance abuse treatment services.

When completed, participants will be able to:

- describe the background and rationale for conducting SBIRT with patients in primary care settings;
- use the AUDIT or AUDIT-C to screen and identify patients engaged in moderate or high-risk alcohol consumption; and
- demonstrate, through role-play and group discussion, the effective use of brief intervention strategies and techniques to motivate patients to change their at-risk substance use behavior and/or seek treatment.

New Guidance on Medication-Assisted Treatment for Alcohol Use Disorder

SAMHSA has released a new guide for expanding the use of medication in clinical practice for the treatment of alcohol use disorder: [Medication for the Treatment of Alcohol Use Disorder—A Brief Guide](#).

SAMHSA and the National Institute on Alcohol Abuse and Alcoholism partnered to convene an expert panel to develop the guide.

It summarizes information on the medications approved by the U.S. Food and Drug Administration (FDA) to treat alcohol use disorder, prevent relapse to alcohol use, or both. The FDA-approved medications are disulfiram, oral naltrexone, extended-release injectable naltrexone, and acamprosate.



The new guide addresses:

- Screening a patient for risky alcohol use
- Assessing need for medication-assisted treatment
- Considering medications based on FDA-approved indications and a patient's unique needs and circumstances
- Developing a treatment plan and selecting a medication
- Treating a patient with co-occurring disorders
- Monitoring a patient's progress.

Substance Use by Industry

While the stereotype of people who use alcohol and/or drugs in unhealthy ways often focuses on stages where people are unemployed and/or homeless, many get up and go to work every day.

Unhealthy use has impacts beyond individual health and can impact work environments, over all workplace safety, and employer bottom lines.

A recent National Survey on Drug Use and Health (NSDUH) report is one of several designed to [update](#) SAMHSA's 2007 Analytic Series A-29, *Worker Substance Use and Workplace Policies and Programs*.

This report may provide another incentive to screen universally for unhealthy substance use.

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MASSACHUSETTS
**SUBSTANCE ABUSE INFORMATION
AND EDUCATION HELPLINE**

800-327-5050 • HELPLINE-ONLINE.COM

To learn more contact:

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Bureau of Substance Abuse Services
MA Department of Public Health

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Learn More and Register at
The BIG Hospital SBIRT Initiative

7/22/15

Drugs are a Local Phenomenon for LGBTQ Populations: Implications for SBIRT

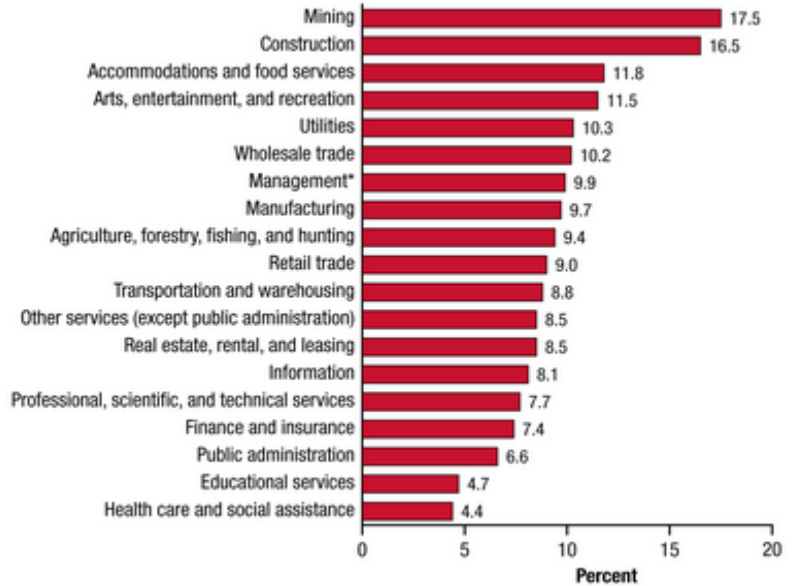
8/19/15

Integrating SBI for Alcohol and Other Drugs in Behavioral Health Settings Serving College Students

By Industry

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Past month heavy alcohol use among adults ages 18 to 64 employed full time, by industry category combined 2008-12.



Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Surveys on Drug Use and Health (NSDUHs) 2008 to 2010 (revised March 2012) and 2011 to 2012.

- Combined national data from 2008 to 2012 show that an annual average of 8.7 percent of full-time workers aged 18 to 64 used alcohol heavily in the past month, 8.6 percent used illicit drugs in the past month, and 9.5 percent were dependent on or abused alcohol or illicit drugs in the past year.
- The highest rates of past month heavy alcohol use among full-time workers aged 18 to 64 were found in the mining (17.5 percent) and construction industries (16.5 percent).
- The highest rates of past month illicit drug use were found in the accommodations and food services industry (19.1 percent).
- Workers in the accommodations and food services industry (16.9 percent) had the highest rates of past year substance use disorder.

D.M. Bush and R.N. Lipari. The CBHSQ Report: Substance Use and Substance Use Disorder, by Industry. (April 16, 2015). Substance Abuse and Mental Health Services Administration, Center for Behavioral Health Statistics and Quality. Rockville, MD.

CAREERS OF SUBSTANCE

Supporting the Massachusetts Substance Use and Addictions Workforce

Central resource for anyone involved in preventing, intervening, treating, and supporting recovery from addictions in Massachusetts. Look for career information, upcoming trainings around the state, links to professional organizations and more.

www.careersofsubstance.org

MASBIRT Training and Technical Assistance



MASBIRT TTA can provide your site with:

- ◆ Training and on-going skills coaching for all staff levels: professional and administrative; train-the-trainer;
- ◆ Guidance with clinical protocol development; screening instruments and methods, brief intervention strategies;
- ◆ Grand Rounds on the intersection of alcohol, drugs and health, and importance of early identification;
- ◆ Help with administrative aspects, such as data collection strategies, documentation protocols;
- ◆ Identification and development of resources for patients who need specialty care, including medication assisted treatment for alcohol and opioids; and
- ◆ Expert guidance for work with special populations.
- ◆

MASBIRT TTA • 617-414-3749 • www.masbirt.org

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