

CRAFFT+N: SBIRT εωϭ Asukuu mu Nhwehwemu Krataa Nnianimu

Dan nhwehwemu no adi

Με πε σε mebisa nsadin, nnuro bɔne, nikotin, ne ntampi aa yede di dwuma aa yebisa esuafo aa εωϭ wo suapɔn no mu ho nsem kakraa bi aa efa w'apomuden ho.

Adres Kokoamunsem

Yeni nsem bi aa yatwere ato ho fa saa nhwehwemu yi ho aa yeбетumi de ehu wo pɔtee. Nea wo be ka akyerε me no ye de behyε kokoamu senea εεε. Ade baako aa eбетumi ama yenfa wo ho asem nhyε kokoamu ne se se woka biribi na yehu se eбетumi epira wo anaa obi aa ɔben wo mpofiri mu aa. Nea εka ho biom, wo, w'awofo, anaa wohwe so foɔ, бетumi ebisa se yenma no nsem aa yεkaa no nne yi. Senea ete biara no, yeβehwe senea yeβeye mmoa no abomu akyire. Wotease anaa?

Bisa kwan na fa bisa nsem

Metumi ebisa nsem anaa?

CRAFFT 2.1+N Anototoɔ no

SBIRT wɔ Sukuu mu

Ɔfa A

ABOSOME 12 a atwam yi, nna dodoo sɛn na:

1. Wonomm biɛ, bobesa, anaase anonneeɛ biara a **ɛboro**? Sɛ woannom bi koraa a ka "0." # nna dodoo
2. Wode **bonsam tawa** (kanabi, wii, anwaduro, waase, anaase deɛ wohyeeɛ, wotwee tutuobɔne anaa asrabɔne kɔɔ wo mu, anaa wodii bi) anaase **"bonsam tawa a nipa aye"** (te sɛ "K2," "Spice")? Sɛ woannom bi koraa a ka "0." # nna dodoo
3. Wofaa **biribi foforo biara sɛdeɛ ɛbɛba w'ani so** (te sɛ nnuɔbɔne, nnuro a wɔatwere ama wo anaase deɛ wo ara woakɔɔ wɔ nnutɔnbea, ne nneɛma a wohua, wotwe anaase wode wɔ wo ho)? Sɛ woannom bi koraa a ka "0." # nna dodoo
4. Wode **afidie a wode twe tutuobɔne*** a **nicotine anaase aduhwam ahodoo wom**, anaase wofaa **tobaako ho nneɛma bi**? Sɛ woannom bi koraa a ka "0." # nna dodoo
*Bi te sɛ e-cig ahodoo, mod ahodoo, mfidie be te sɛ JUUL, deɛ wode twe tutuobɔne bi te sɛ Puff Bar, vape doroben, anaase e-hookah ahodoo. †Sigtete, sigaa, cigarillos, hookahs, tawa, asra, asra a afo, anaase deɛ wode to nsuom.

Dyarefoɔ no yii "0" maa nsemmisa a ɛwɔ Ɔfa A mu no nyinaa anaa?

Aane
↓
Bisa KAA nsemmisa nko ara, na afei gyae

Daabi
"1" anaase deɛ ɛboro saa wɔ Q. 1, 2, anaase 3 mu
↓
Bisa CRAFFT nsemmisa a ɛwɔ Ɔfa B mu no nyinaa

Daabi
"1" anaase deɛ ɛboro saa ma Q. 4
↓
Bisa nicotine nsemmisa 10 no nyinaa wɔ Ɔfa C

Ɔfa B

Twa baako ho kanko

- | | | |
|----------|--|------------|
| C | Wɔatena KAA bi mu ama obi (a woka ho) na "aba n'ani so" anaase deɛ na wanom nsem anaa nnuɔbɔne retwi pen? | Daabi Aane |
| R | Wotumi nom nsa anaase nnuɔbɔne de GYE W'AHOME , nya atenka pa wɔ wo ho, anaase de ka ebinom ho? | Daabi Aane |
| A | Wotumi nom nsa berɛ a wo ara na wowɔ ho anaase aka wo NKO ARA ? | Daabi Aane |
| F | Wo WERE tumi firi nneɛma a woyeeɛ berɛ a na woaboro anaase woafa nnuɔbɔne? | Daabi Aane |
| F | W'ABUSUAFOɔ anaase AYɔNKOFOD tumi ka kyerɛ wo sɛ te wo nsanom anaase nnuɔbɔnenom so anaa? | Daabi Aane |
| T | Woakɔ ƆHAW bi mu berɛ a worenom nsa anaase adubɔne bi pen? | Daabi Aane |



“Nsemmissa a εdidi so yi bisa fa kwan a wofa so de **mfidie a wode twe tutuobone a nicotine ne/anaa aduhwam wom**, anaase **tobaako nneema** di dwuma ho.*”

ጋfa C

Twa baako ho kanko

1.	Woatu anamon se wobegyae a woantumi annyae pen?	Aane	Daabi
2.	Woda so twe tutuobone anaase tobaako <u>seesei</u> esiane se eye den se wobegyae?	Aane	Daabi
3.	Woanya adwene bi se tutuobonetwee anaase tobaako reye aka wo ho pen?	Aane	Daabi
4.	Wotumi nya atenka dennennen se wobetwe tutuobone anaase wobenom tobaako?	Aane	Daabi
5.	Woanya atenka bi se ewo se wotwe tutuobone anaase wonom tobaako pen?	Aane	Daabi
6.	Woduru beaee a wonni kwan se wotwe tutuobone anaase wonom tobaako, bi te se sukuu a, eye a na eye wo den?	Aane	Daabi
7.	<i>Bere a wontwee tutuobone anaase wonnom tobaako bere tenten bi akyi (anaase bere a woyee w'adwene se wobegyae)...</i>		
a.	na eye wo den se wode w'adwene besi biribi so esiane se woantumi antwe tutuobone anaase woannom tobaako?	Aane	Daabi
b.	wo ho yee wo basabasa esiane se woantumi antwe tutuobone anaase woannom tobaako?	Aane	Daabi
c.	wonyaa atenka dennen bi se ewo se wotwe tutuobone anaase wonom tobaako?	Aane	Daabi
d.	wo ho peree wo, wo ho teetee wo, anaase na wontumi ntena esiane se woantumi antwe tutuobone anaase woannom tobaako?	Aane	Daabi

*Mmoa nwoma:

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McKelvey, K., Baiocchi, M., & Halpern-Felsher, B. (2018). Adolescents' and Young Adults' Use and Perceptions of Pod-Based Electronic Cigarettes. *JAMA Network Open, 1*(6), e183535.

Nea efiri ne kontakt ho nsem

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Yeasre kwan wo Center for Adolescent Behavioral Health Research (CABHRe),
Boston Children's Hospital ho aye no foforo.

crafft@childrens.harvard.edu www.crafft.org

Wope se wotie mu yie anaase wonya bi wo kasa foforo mu a, hwe www.masbirt.org/schools