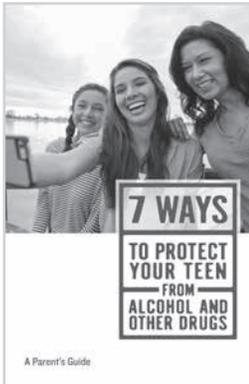


Selected Resources for Parents, Youth, and Health Professionals

To order these and additional materials on substance abuse and other health topics, go to www.mass.gov/maclearinghouse



BOOKLET:

7 Ways to Protect Your Teen from Alcohol and Other Drugs — *English & Spanish*

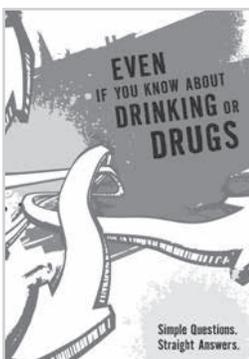
Audience:

For parents and guardians of teens

Item Number:

SA1011, SA1013

This booklet helps parents explore ways to prevent teen drinking and other drug use. It weaves together parenting tips that science has found effective, with stories and observations from professionals, students, and parents. A list of resources for prevention and treatment is provided.



BOOKLET:

Even if You Know about Drinking or Drugs. Simple Questions. Straight Answers. — *English*

Audience:

For youth

Item Number:

SA1094

This booklet discusses the effects drinking and drug use have on growing and developing brains. Legal consequences, long-term effects, and addiction are discussed. Ways to avoid alcohol and drugs as well as resources (including online resources) for further information and help are listed.



BROCHURE:

**Preventing Substance Abuse Starts at Home:
Safeguarding Your Children — *English & Spanish***

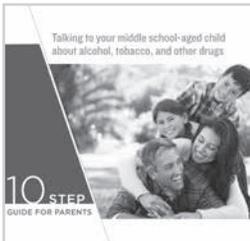
Audience:

For parents of elementary- through high school-aged children

Item Number:

SA1037, SA1039

This brochure demonstrates how to help prevent students from abusing substances commonly found in the home.



BOOKLET:

**Talking to Your Middle School-Aged Child about
Alcohol, Tobacco, and Other Drugs — *English & Spanish***

Audience:

For parents and guardians of middle school-aged children

Item Number:

SA1020, SA1025

This booklet is intended to help parents protect their pre-teen children from alcohol, tobacco, and other substance use. Topics include: how to start the conversation, how to set family rules around no use of substances, facts about alcohol, tobacco, and other drugs, and warning signs to watch for.



BROCHURE:

**Tips for Protecting Your Kids from Addiction —
*English & Spanish***

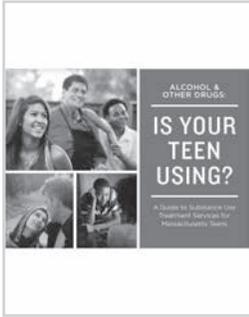
Audience:

For general audience

Item Number:

SA3534, SA3535

This brochure provides information and tips every parent needs to know about powerful prescription painkillers called opioids. It also provides referral to the MA Substance Abuse Information and Education Helpline.



BOOKLET:

Alcohol and Other Drugs: Is Your Teen Using?
— *English*

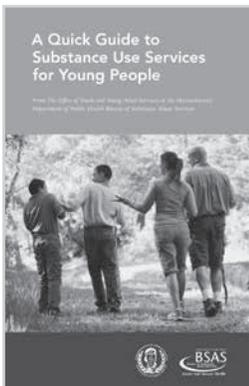
Audience:

For parents of at-risk high school-aged teens

Item Number:

SA1066

This booklet helps parents to take action if they think their teen may be using inhalants, alcohol, or other drugs. It guides them through the necessary steps for getting assistance and lists local resources for teens and/or their families.



BROCHURE:

A Quick Guide to Substance Use Services for Young People — *English & Spanish*

Audience:

For young people and caregivers

Item Number:

SA3531, SA3532

This brochure provides helpful information about treatment and support services in Massachusetts and briefly describes the levels of care for young people needing help with an alcohol or drug problem.



DIRECTORY:

Youth & Young Adult Substance Use Services Directory — *English & Spanish*

Audience:

For clinicians

Item Number:

SA3533, SA3555

This directory provides information on questions to ask when looking for the appropriate treatment for youth and young adults, lists licensed substance use disorder providers that provide services for youth and young adults at various levels of care, information on family intervention programs and resources, and more.



WALLET Z-CARD:

Know The Signs of Overdose — Save a Life — *English*

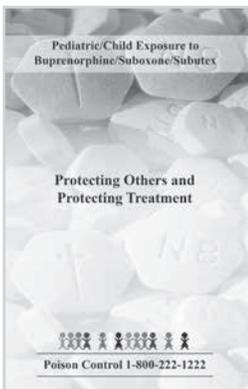
Audience:

For general audience

Item Number:

SA1067

This wallet card provides information on opioid overdose prevention and treatment. It describes the signs and symptoms of opioid overdose rescue breathing techniques and other emergency procedures. Information about online resources is also included.



BOOKLET:

Protecting Others and Protecting Treatment — *English & Spanish*

Audience:

For general audience

Item Number:

SA1064, SA1065

This booklet provides information on the safe storage of buprenorphine (suboxone subutex). It describes the importance of keeping the medication out of the reach of children. Also, information on emergency responses to an unintentional ingestion is included.



RACK CARD:

Alcohol Can Harm the Way Your Baby Learns and Behaves — *English & Spanish*

Audience:

For women who are pregnant

Item Number:

SA3505, SA3506

Concise easy-to-read card explains that women who are pregnant should not drink any alcohol and highlights the behavioral problems that alcohol use during pregnancy may cause. Produced by SAMHSA and part of a series of four rack cards.