Most high school (66%) and middle school (96%) students in Massachusetts do not currently drink alcohol
(Centers for Disease Control and Prevention, 2015)

Alcohol use can impair judgment, leading a person to do things they normally would not do
(National Institute on Drug Abuse, 2018)

Alcohol use during the teen years can interfere with healthy brain development
(National Institute on Drug Abuse, 2018)

The younger someone starts to use alcohol, the greater risk they have for developing a problem later in life
(Hingson, Heeren, & Winter, 2006)

Alcohol use can increase the risk of getting injured and the risk of sexual assault
(National Institute on Drug Abuse, 2018)

Alcohol dehydrates the body and can lead to headaches, nausea, muscle pain, and other symptoms of a hangover
(National Institute on Drug Abuse, 2018)