



# Behavioral Health Consultant

Providing the right care, for the right people, at the right time

Neponset Health Center  
398 Neponset Avenue  
Dorchester, MA 02122  
(617) 282-3200

Geiger Gibson Community Health Center  
250 Mount Vernon Street  
Dorchester, MA 02125  
(617) 288-1140

Harbor Community Health Center-Plymouth  
10 Cordage Park Circle  
Suite 115  
Plymouth, MA 02360  
(508) 778-5470

Harbor Community Health Center-Hyannis  
735 Attucks Lane  
Hyannis, MA 02601  
(508) 778-5420

## Services:

Meetings with patients may be up to 30 minutes for assessment, brief interventions, coaching, screenings, follow up visits in primary care, recommendations and referrals to other services. These visits may be billed to insurance companies.

Meetings with primary care teams, as requested, to consult on how to work more effectively with patients whose medical conditions are affected by social or behavioral problems.

## Goals of Services:

Support patients and their primary care teams in promoting and improving physical and emotional health by working as a team and providing more holistic care. The primary care teams and the health consultants share electronic health records for better communication and coordination.

## Reasons to Refer:

Anything that might improve quality of life through habit, behavioral or emotional change. Any social factor, habit or behavior that (A) is the main concern for patients, (B) exacerbates a medical condition, or (C) is a barrier for improving health.

*Common problems patients generally talk about with their providers and care teams include:*

Physical & Emotional Health		
Insomnia	Chronic Illness	Stress
Anxiety	Chronic Pain	Diabetes
Headaches	Depression	GI Problems
Fibromyalgia	COPD	Anger
Relationship Problems	Asthma	Lower Back Pain
Weight Loss	Grief & Loss	Cardiovascular Disease
Lack of Exercise	Medication Adherence	Alcohol Misuse
Tobacco Use	Substance Abuse	Sleep Problems



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for providing quality patient care!

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