Co-Occurrence of Mental Illness with Physical and Sexual Abuse: Fact Sheet

90% of public mental health clients have histories of trauma.¹

Childhood sexual abuse has been linked to family dysfunction, leaving home at an early age, living on the streets for longer periods of time, engaging in sex work.²

1/3 Of individuals who have a mental health disorder also experience substance abuse at some point.³

That’s twice the rate among people without mental health problems.³

50%-70% of clients in substance abuse treatment have a co-occurring disorder.⁴

50% of those with severe mental illness develop a substance use disorder.⁵

2/3 As many as 2/3 of substance abusing women may have a co-occurring mental health problem.⁶

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